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**A Low-Cost Example, Combining MIT App Inventor,
Arduino Specific Components and Recycled Materials to
Foster Engineering Education**

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Introduction

- Learners in all over the world are trying to acquire multi-disciplinary skills and knowledge, in order to tackle the challenges of the 21st century.
- The fast evolving mobile market industry resulted in a plethora of low-cost computer systems and pairing electronic components, at very affordable prices.
- Seizing the opportunity, many relevant educational activities are developed, commonly under the STEM “umbrella”.
- Following the example of primary and secondary education, the curriculum of the engineering institutions has to be updated accordingly, as well.



Objectives

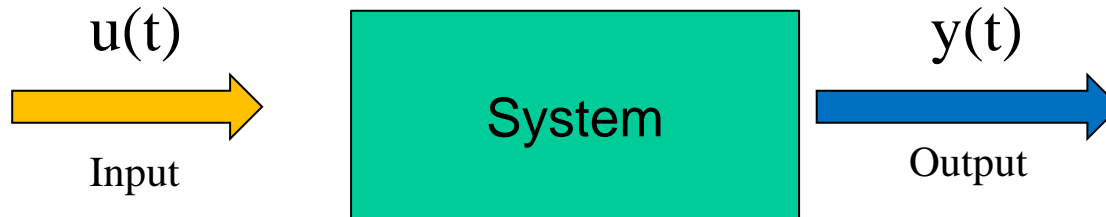
- Through a PBL approach and wanting to make things more appealing, a characteristic automatic control case is highlighted: An adjustable air flow control system.
- Hardware: arduino-like boards, some additional low-cost components (sensors / motor drivers / radios) and recycled materials.
- Programming: Arduino IDE and visual tools (ardublock / MIT app inventor) for fast development and remote interaction functionality, via smart phones, in pace with the IoT trends.
- The proposed case although tailored for university-level students is also suitable for secondary and vocational education, due to its simplicity and its modular and scalable architecture



System

- **System:** a group of interacting or interrelated entities that form a unified whole.
- Surrounded and influenced by its environment, is described by its boundaries, structure and purpose and has input(s) and output(s)

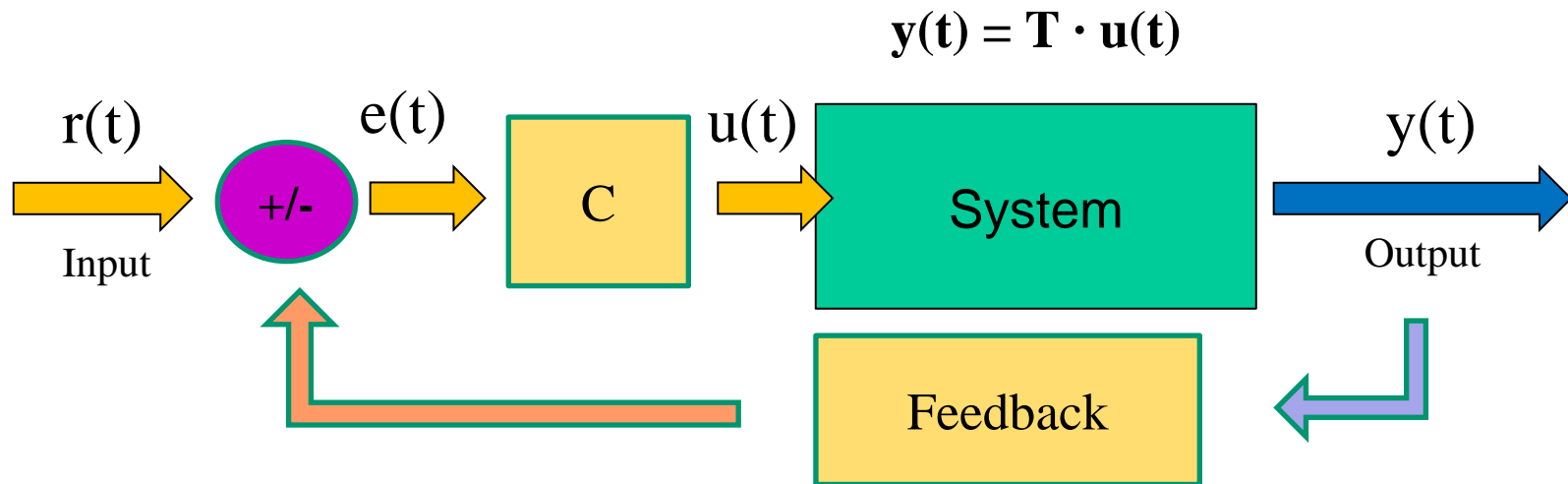
$$\mathbf{y}(t) = \mathbf{T} \cdot \mathbf{u}(t)$$





Automatic Control System

- No need for human presence – “decent” behavior for long periods
- Continuously monitors output in order to adjust inputs ($u(t)$) and achieve the minimal error ($e(t)$) between desired/reference ($r(t)$) values and actual values ($y(t)$).
- C: A typical controller block (i.e., PID)





Sensors and Actuators

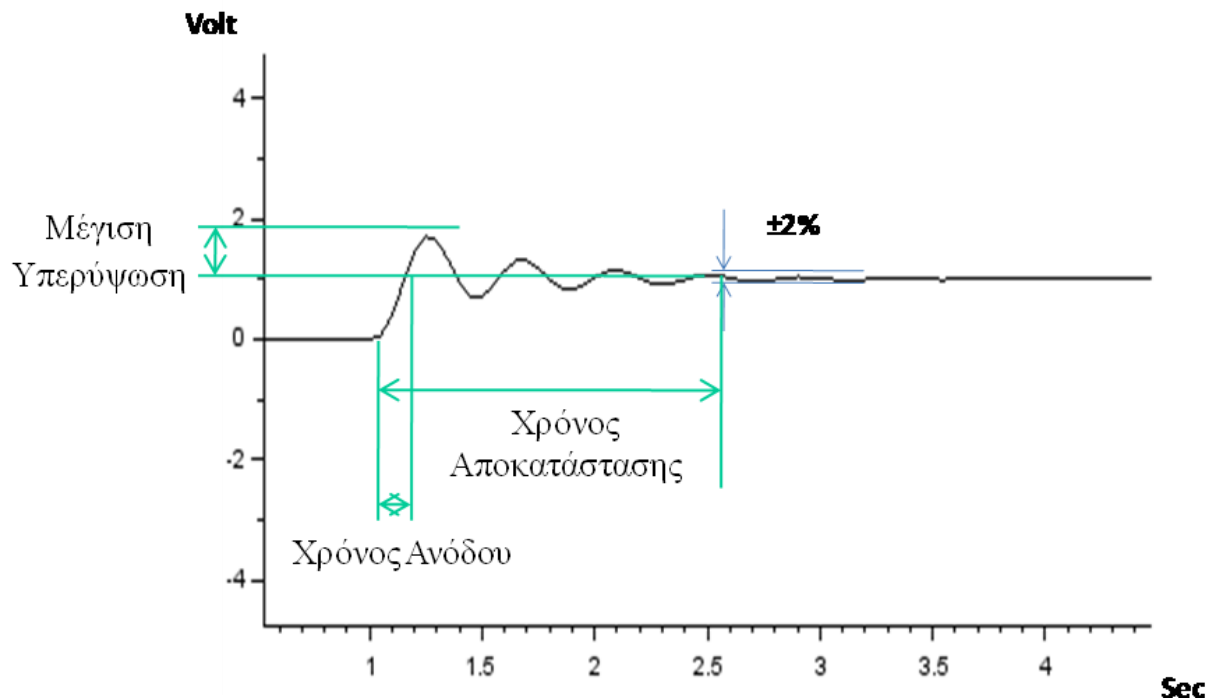
- Sensors and actuators provide physical interaction of the computerized system with the real world (physical computing concept)
- Sensors: Convert signals and provide input for the microcontroller.
- Actuators: Transform microcontroller decisions into actions





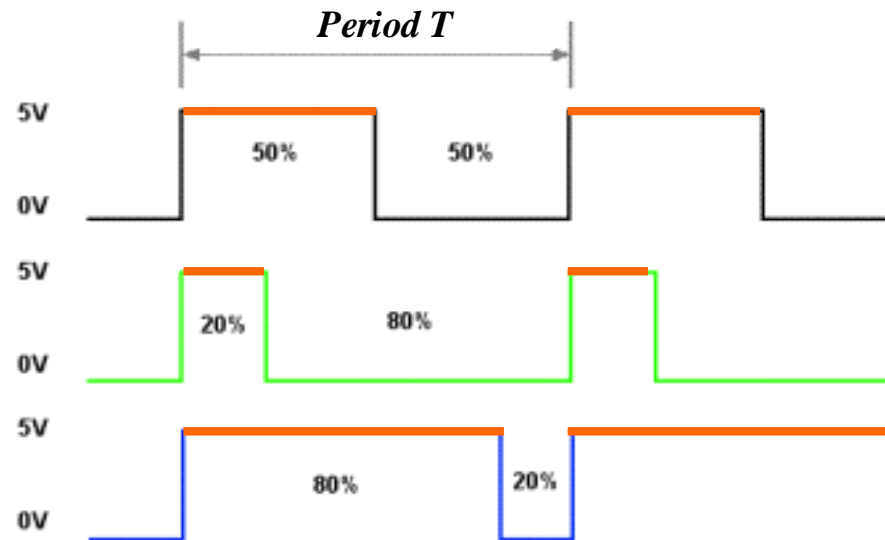
Desired Behavior

- A good automatic control system should have short rise time short settling time and small peak overshoot.





PWM to Adjust DC Output



- A cheap technique for variable (speed) operation of DC motors is based on the Pulse Width Modulation method (PWM). In this way “pure” digital outputs can imitate analog behavior.
- **Duty Cycle:** $D = [\text{duration_On} / (\text{duration_On} + \text{duration_Off})] \cdot 100 \%$

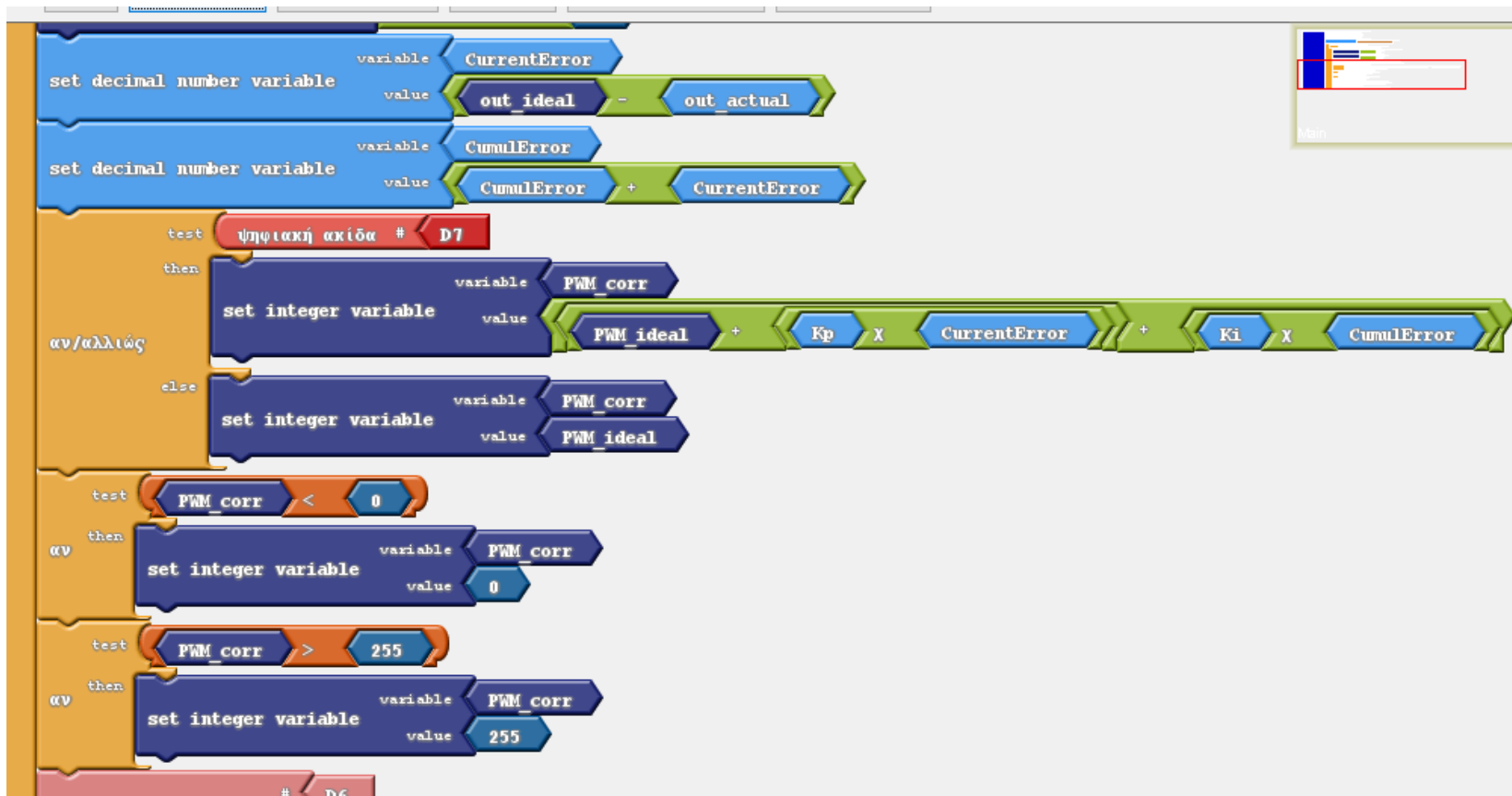


PID Control via Arduino

- The PID controller takes into account the current error (Present - Proportional), the cumulative error (Past - Integral), the expected error (Future - Derivative).
- solutions using the PID library.
- <https://playground.arduino.cc/Code/PIDLibraryBasicExample/>
- ... or by Implementing the algorithm on its own
- ... by using visual block programming environments (e.g. ardublock)

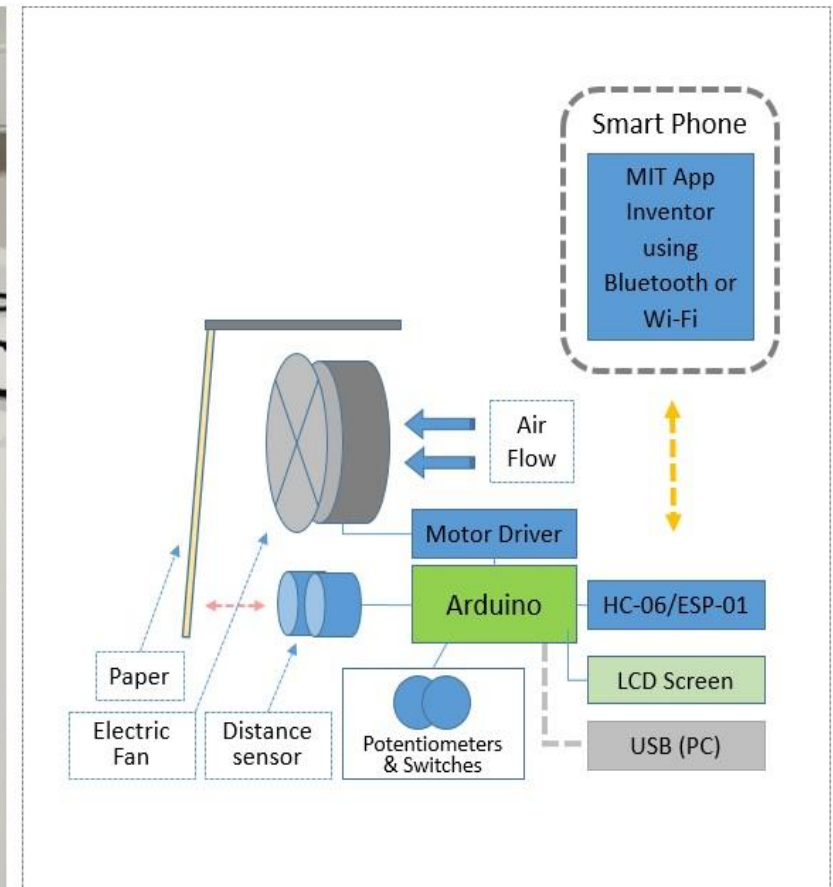
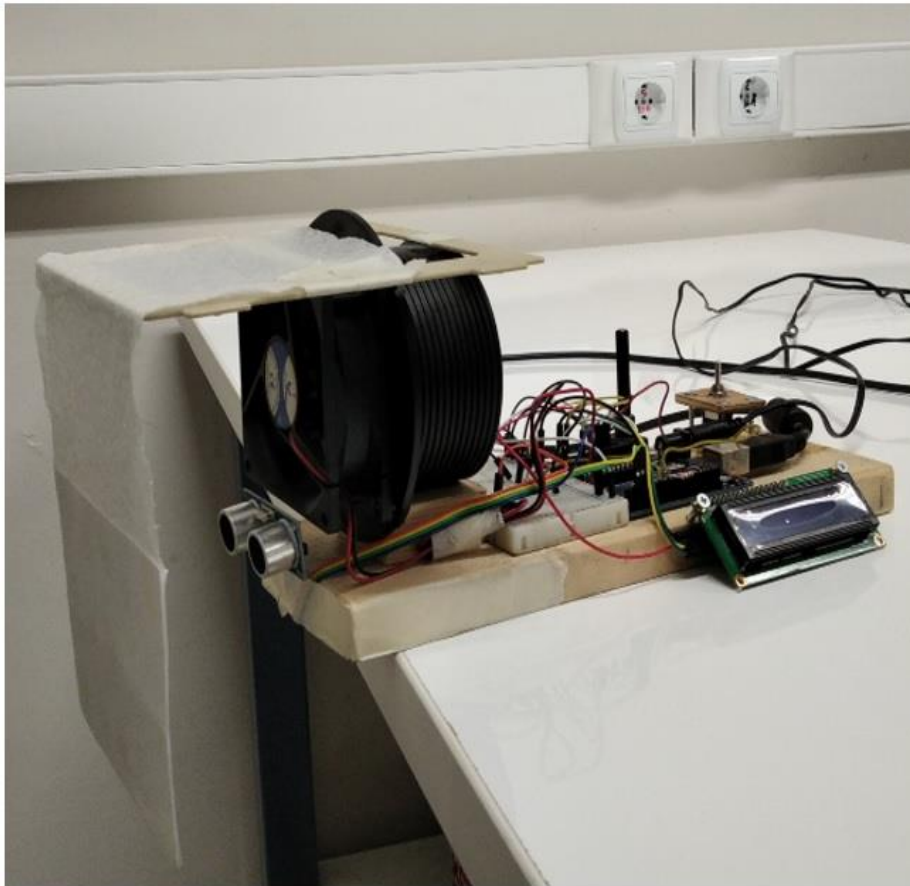


The PID Control Functionality





Design and Implementation Overview





Functionality

- The ultrasonic distance readings are used to adjust/correct the fan's output and thus the air flow value in order the latter to become close to the desired value (set point).
- The desired air flow level is set via potentiometer
- The PID functionality and its parameters can also be set via potentiometer
- A minimal motor driving circuit (transistor) is used to handle the motor of the fan.
- Monitoring via serial monitor, serial plotter or a 16x2 LCD screen.
- Alternatively, the above functionality can be provided via a smart phone using MIT app inventor and a cheap bridging radio module.



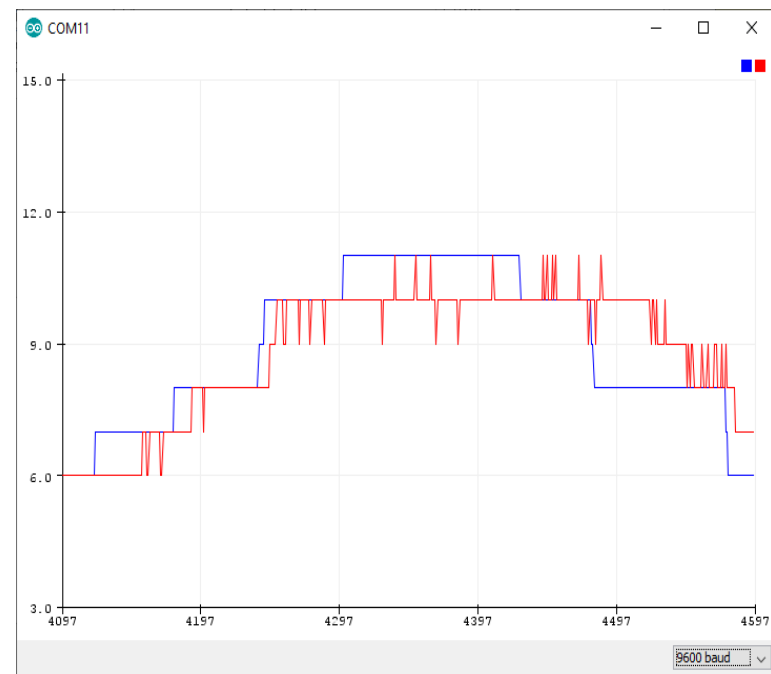
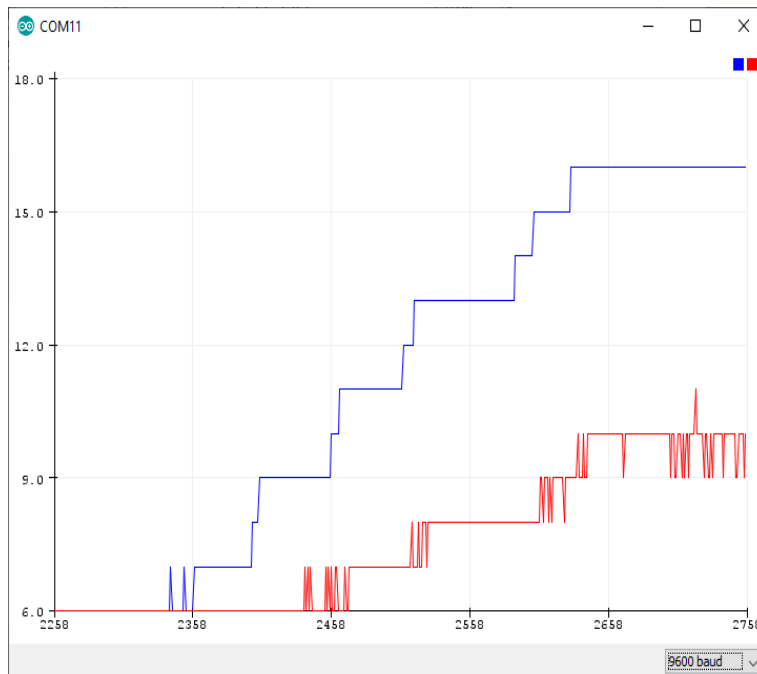
Results (technical)

- Set a desired flow level.
- Use your hand as an obstacle inside the tube to reduce the air flow (external cause).
- Monitor system's behavior via the serial plotter application of the Arduino IDE environment.
- Two cases:
 - With PID control OFF
 - With PID control ON
- Easy to observe the differences



Results (technical)

- Behavior without (left) and with (right) automatic control functionality
- The blue curve represents the target and the red the real one.





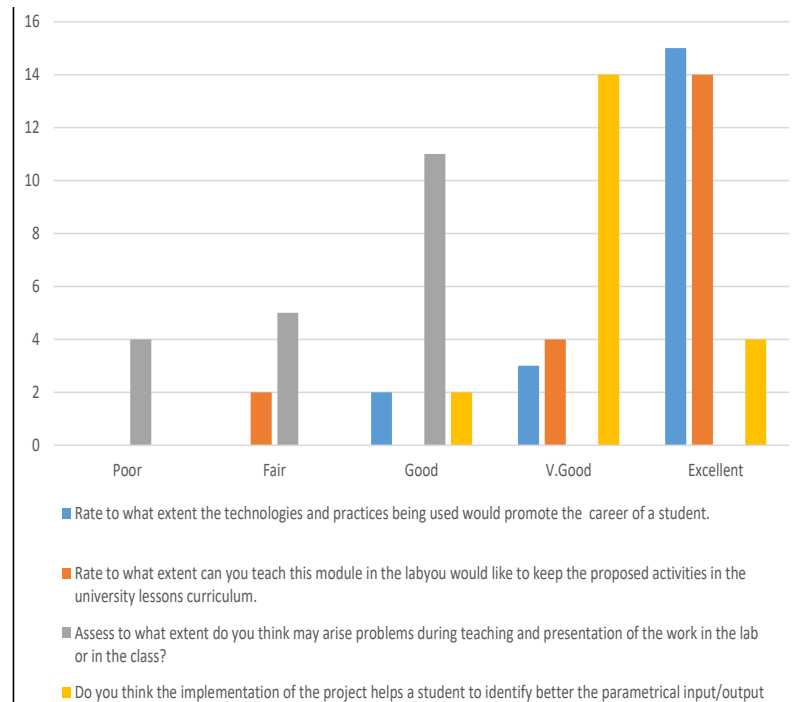
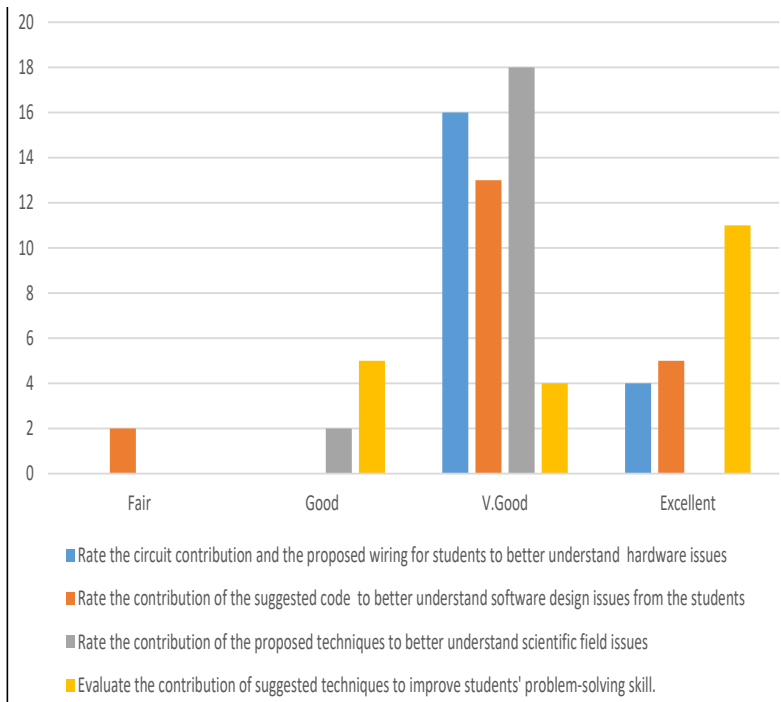
Results (pedagogical)

- Interesting as activity.
- Like to keep in students' weekly curriculum.
- Useful for better understanding of both technical and theoretical issues.
- Beneficial for future careers.
- More preparatory work should be done with teachers/professors in order to fluently circulate the discussed automatic control concepts, especially in secondary education.
- Nice to have more similar projects.



Results (pedagogical)

- Students' and Teachers' opinions about the automatic control project paradigm.





Conclusions

- A low-cost example for better communicating the automatic and remote control fundamentals
- The setup maximizes the reusability of electronic components being involved and to exhibit high modularity, thus allowing for several educationally meaningful check points.
- Persons getting involved assessed the whole interaction with the control platform as beneficial for their studies and as a practice that they would like to keep in the university curriculum.
- Future plans include refinements of educational methods and implementation of more similar projects, to highlight a variety of cases that students will have to tackle in their professional careers.



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Thank you very much for your
attention !